

SAS GOVERNMENT DEGREE COLLEGE
NARAYANAPURAM, WEST GODAVARI DISTRICT-AP



WOMEN EMPOWERMNET CELL



2018-19

ACTIVITY -1

Event Title: Health and Hygiene Orientation Program

Date: July 28, 2018

Name of the Resource Person: Dr. Vidya Rani

Participants:

Lecturers: 4

Students: 42

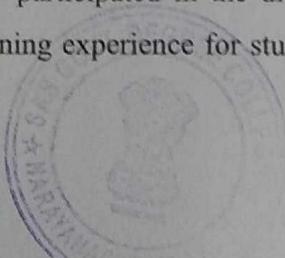
DETAILED REPORT:

On July 28, 2018, the Women Empowerment Cell of SAS Govt Degree College, Narayanapuram, took a proactive step towards promoting well-being and personal hygiene by organizing an insightful orientation program on health and hygiene. The event, which saw the participation of both faculty members and students, aimed to educate and empower individuals to adopt healthy habits and maintain proper hygiene practices.

The orientation program commenced with a warm welcome extended to all attendees, setting a positive tone for the session ahead. With the guidance of the resource person participants embarked on a journey of self-discovery and enlightenment regarding various aspects of health and hygiene.

The resource person, drawing upon their expertise in the field, delivered an engaging and informative presentation encompassing topics such as the importance of nutrition, the significance of personal hygiene, and the prevention of common ailments. Through interactive discussions, practical demonstrations, and real-life examples, participants gained valuable insights into the impact of health and hygiene on their overall well-being.

Faculty members actively participated in the discussions, sharing their experiences and knowledge to enrich the learning experience for students. The collaborative atmosphere

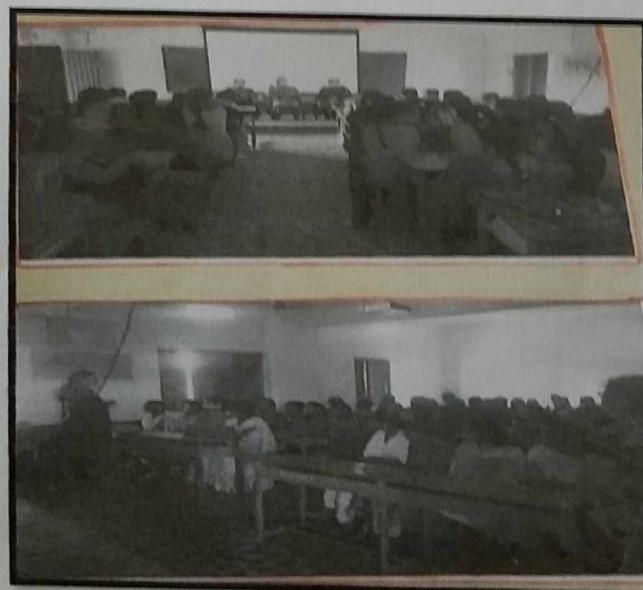


fostered open communication and the exchange of ideas, creating a conducive environment for learning and growth.

Furthermore, the orientation program served as a platform to dispel myths and misconceptions surrounding health and hygiene, empowering participants to make informed decisions regarding their lifestyle choices and habits. Practical tips and strategies were shared to help individuals incorporate healthy practices into their daily routines, thereby promoting longevity and vitality.

As the session concluded, participants departed with a renewed sense of awareness and commitment to prioritize their health and hygiene. The orientation program, organized by the Women Empowerment Cell, proved to be a significant step towards fostering a culture of well-being and empowerment within the college community.

In conclusion, the Health and Hygiene Orientation Program was a resounding success, leaving a lasting impact on all attendees and paving the way for a healthier and more empowered future.

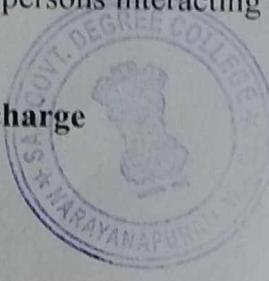


Resource persons interacting with girls

Ch. Rama Devi

Signature of department in charge

Department of Commerce
SAS GOVERNMENT DEGREE COLLEGE
NARAYANAPURAM-534 406



signature of the principal
PRINCIPAL
SAS GOVT. DEGREE COLLEGE
NARAYANAPURAM
West Godavari District.
Pin: 534 406, Andhra Pradesh